

**160.445 Sports safety course required for high school athletics coaches.**

- (1) The Kentucky Board of Education or organization or agency designated by the board to manage interscholastic athletics shall require each high school coach to complete a sports safety course consisting of training on how to prevent common injuries. The content of the course shall include but not be limited to emergency planning, heat and cold illnesses, emergency recognition, head injuries, neck injuries, facial injuries, and principles of first aid. The course shall also be focused on safety education and shall not include coaching principles.
- (2) The state board or its agency shall:
  - (a) Establish a minimum timeline for a coach to complete the course;
  - (b) Approve providers of a sports safety course;
  - (c) Be responsible for ensuring that an approved course is taught by qualified professionals who shall either be certified athletic trainers, registered nurses, physicians, or physician's assistants licensed to practice in Kentucky; and
  - (d) Establish the minimum qualifying score for successful course completion.
- (3) A course shall be reviewed for updates at least once every thirty (30) months and revised if needed.
- (4) A course shall be able to be completed through hands-on or online teaching methods in ten (10) clock hours or less.
- (5)
  - (a) A course shall include an end-of-course examination with a minimum qualifying score for successful course completion established by the board or its agency.
  - (b) All coaches shall be required to take the end-of-course examination and shall obtain at least the minimum qualifying score.
- (6) Beginning with the 2009-2010 school year, at least one (1) person who has completed the course shall be at every high school athletic practice and competition.

**Effective:** March 24, 2009

**History:** Created 2009 Ky. Acts ch. 90, sec. 2, effective March 24, 2009.